Relationships and Collaboration
Maximizing Outcomes For All
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The Issue

Disconnect
Feelings of isolation or not being involved

Lack of Best support
Support provided is not best, and most educated/trained option

Balance
Keeping all aspects of our role in harmony to maximize our efforts

Stress
Feelings of being overwhelmed, stressed, or apathy

Disengagement
Person served is not invested in relationship, doesn’t feel fully supported
Solution

Collaboration is a really valuable way to expand your knowledge, learn from the success of others, and ensure that the populations you serve are FULLY connected and supported.

Prioritize

Building relationships and multiple resources should be a key skill and priority.

Engage

Talking with, visiting and continued engagement ensures we are providing accurate and competent support.

Educate

Empower the populations you serve to gain self-efficacy with your resources.
What makes a great partnership
When building relationships, what should we strive for?!?!?!

<table>
<thead>
<tr>
<th>Trust</th>
<th>Mutual Respect</th>
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<tbody>
<tr>
<td>Understanding, and using, strengths</td>
<td>Equal sharing of ideas and conversations</td>
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<tr>
<th>Welcome Diversity</th>
<th>Mindfulness</th>
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<tr>
<td>Both in culture and skill set</td>
<td>Take ownership of your actions &amp; responsibilities</td>
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How do we build up connection
Develop Your People Skills

- Collaborate
- Communicate
- Receptive to Feedback
Identify Your Needs

For You

From Others

From You
Make time to build connections

Schedule

Allow Time

Show Up
Appreciate Others

- Strength-based
- Communicate
- Reciprocate
Listen and receive

Absorb

Process

Implement
Call To Action

Learn the relationships and resources in this room!

Indiana Association of Peer Recovery Support Services